

Horticultural Therapy Internship at MossRehab

The **Alice and Herbert Sachs Therapeutic Conservatory** at MossRehab offers an intensive Horticultural Therapy Internship program, which provides volunteer interns the opportunity to learn the practical skills necessary to work with patients in a physical rehabilitation setting.

MossRehab is a private, non-profit institution providing comprehensive physical rehabilitation services. We are fully accredited by the Joint Commission on the Accreditation of Hospitals (JCAH) as well as the Commission on Accreditation of Rehabilitation Facilities (CARF). Our 196-bed hospital approaches rehabilitation through multi-disciplinary treatment teams which provide complete care in physical medicine, nursing, occupational therapy, physical therapy, social services, psychological services, speech and hearing therapy, recreational therapy, horticultural therapy, art therapy, music therapy and pet therapy to patients of all ages, races, and religions.

MossRehab patients include those that have had strokes, amputations, brain injuries, spinal cord injuries, arthritis and orthopedic difficulties, musculoskeletal disabilities, neurological disorders, pulmonary disorders and other multi-trauma and disabling conditions.

The Horticultural Therapy Internship provides a demanding and highly clinical instructional experience structured to the length of stay necessary for the intern to fulfill the American Horticultural Therapy Association (AHTA) internship requirements. The internship schedule is to be established with approval of the Registered Horticultural Therapist (HTR), within a clinical schedule of 5-day, 40 hour work weeks. It is highly recommended that the intern consider a 32-40 hour weekly schedule. **A minimum of two sequential 8 hour days per week is required.** During this time the intern gains a comprehensive insight into the structure and organization of a Horticultural Therapy program and it's inter-relationships in a physical rehabilitation setting.

A concentration of time is spent in three areas: 1) planning and implementing prescribed group and individual treatment programs, as well as on the evaluation and development of individual clinical treatment plans for assigned patients, 2) planning, installing and maintaining interior and exterior multi-sensory, therapeutic and display gardens, 3) managing and maintaining the mechanical equipment for operating an automated greenhouse, water wall and self-watering live wall.

Additionally, the HT intern is required to fulfill all AHTA requirements for professional registration including, keeping a daily journal, a short term project, a long term project and a case study. See AHTA internship handbook for more information.

The intern is evaluated on their ability to perform in the previously mentioned areas and on subsequent assignments according to their skills and needs. The HTR provides all essential and necessary instruction, supervision and counseling pertinent to the development of a clinician in Horticultural Therapy under the direction of the Recreation Therapy (RT) Team Leader.

The Alice and Herbert Sachs Conservatory at MossRehab currently has 1 HTR, who is also a Certified Horticulturalist (CH), with experience in the areas of horticulture and physical rehabilitation. The facility and staff are committed to providing the highest quality of care possible. This environment enables MossRehab to provide interns with a practical learning experience that prepares them for their future endeavors.

To apply please forward a letter of application, resume, transcript and 3 academic/professional references to my attention at the following address:

Abby Jaroslow, HTR,CH
MossRehab/Einstein at Elkins Park
The Alice and Herbert Sachs Conservatory
60 Township Line Road
Elkins Park, PA 19027

Sincerely,

Abby Jaroslow, HTR/CH
Horticultural Therapist/Certified Horticulturalist
215-663-7177

RT Internship Coordinator:
Jeffrey McCormack, CTRS
Therapeutic Recreation
215-663-

RT Team Leader
Anne Wieland, CTRS, MHA
215-663-6405