



President's Message

Dear Colleagues in Horticultural Therapy,

Welcome to the December 2022 newsletter! The winter solstice is upon us in the northern hemisphere. As we approach December 21, we are reminded that the winter solstice is “a reminder to honor our connection to the natural world”. Winter season brings celebrations. The traditions of celebrating this season be it Hanukkah, Kwanzaa, Christmas or the many celebrations and remembrances recall the celebrating and reflecting on our achievements in horticultural therapy and our connection to AHTA.

In reflecting upon the coming snow and being told that each snowflake is different, yet they are on the same journey to becoming the blanket of snow we see in the morning light, I consider this to be a metaphor resonating with AHTA. We all come from different backgrounds, professions, interests to connect with AHTA for the purpose of creating the blanket of understanding horticultural therapy and promoting the profession of horticultural therapy. May we acknowledge our differences, support our collective wisdom, and grow stronger together.

Wishing this holiday season brings comfort, compassion, peace, and connection for all!

Yours in AHTA,
Lana Dreyfuss, LPCC, LCADC, SEP, HTR
Proudly, AHTA President

News and Events

New AHTA LinkedIn Pages

You can now find AHTA on LinkedIn! [Check it out now!](#) AHTA has created a new company page for LinkedIn. You may have seen or liked

this page, but we wanted to share a little bit about the differences between AHTA's company page and our private group page.

Company Page

A company page is set up as a marketing tool. The main goal is to help get the word out about AHTA and inform others on LinkedIn about horticultural therapy. Those who [follow the AHTA company page](#) are not able to post. But they can comment, like, and share posts. We encourage everyone to follow our company page and share with your connections. If you have any news articles about horticultural therapy, please share with the office so we can post.

Group Page

Group pages are set up to network and communicate with professionals. The [AHTA group page](#) is an unlisted group. Members of the group can post, comment, and ask questions.

It is important to note AHTA rules for this page: "This is a moderated group comprised of horticultural therapy professionals from across a variety of treatment disciplines. Our members include current and aspiring practitioners, as well as persons engaged in related fields or with an interest in exploring this profession further. We encourage you to join our discussions, contribute your thoughts and perspectives on our posts, or ask relevant questions of other members. To help preserve the integrity--and value--of this group, we ask that all participants please stay on-topic. If you are a gardening writer, your posts should be limited to items that are of direct relevance to professional horticultural therapy practices, treatments and benefits. We strongly discourage attempts to use the group to sell products or services to our members, which can result in dismissal from the group. Spamming will not be tolerated. You are welcome to assist others in the community and we request that you use your good judgment when posting links to products, services, articles and blog posts."

It is our hope that you [join the group page](#) and interact with other professionals. The more engagement we have, the better the page experience is for those who are part of the group.

Social media is a powerful tool to help spread the work about horticultural therapy. That can only happen if you engage with it and also connect with colleagues and friends. Be sure to share the information about our [AHTA company page](#) with all of your connections. Don't forget to request to join the [AHTA group page](#) as a way to network with other horticultural therapy professionals.

Follow AHTA on LinkedIn

New AHTA HTR Database Search Option

This year, the AHTA board voted on a recommendation to add a public search feature on our website to allow companies or the general public to search for HTRs near them. **Any HTR member will have the opportunity to opt-in or opt-out of the database.** We request that HTR members update their profile with this indication. Once the member data-base is populated, we will publish and advertise this feature on the website and newsletter.

To update:

1. Log into the [Member Center](#)
2. Select "My Profile"
3. Select "Edit Profile"
4. Check "Opt-in" or "Opt-out"

We would like to use this as a reminder for all members to update their profiles with any updates as well.

[Visit the Member Center](#)

January Community Meeting

Join us for the January Community Meeting! [Register now!](#) The membership work team will host a community meeting, the last Thursday of every other month, beginning **January 26, 2023**. Join us in sustaining and strengthening the American Horticultural Therapy Association community through staying in touch, building bonds, and celebrating shared interests. Come and be reminded of how much your work contributes to the collective, and adds value to the profession. Together let's share in new learning, grow our horticultural therapy knowledge, have fun, and increase our connectedness.

[Register Today](#)

Introducing AHTA's New Board Members

Congratulations to our new board members! The American Horticultural Therapy Association would like to welcome Donna Hunt, Yafa Klarich, and Brendan Yukins to the [Board of Directors](#). We appreciate your commitment to the Horticultural Therapy Profession and the mission of AHTA.

[Learn More](#)

Thank You Organizational Members

We would like to thank our Organizational Members for being an important part of the AHTA community. A special thanks to: Chicago Botanic Garden, Colorado State University Libraries, Delaware Valley University, Horticultural Therapy Institute, New York Botanical Garden - LuEsther T. Mertz Library, Pacific Quest, Portland Community College, Rutgers University School of Environmental and Biological Science Certificate Program, SLU BIBLIOTEKET ALNARP / Library, Temple University Tyler School of Art and Architecture, The Horticultural Society of New York, University of Florida, University of Minnesota Library, and University of Tennessee Knoxville.

If you would like more information on becoming an organizational member visit [our website](#).

[Learn More](#)

AHTA Fall Magazine

The AHTA Fall Magazine is now available!

Highlights of the [fall issue](#) include:

- 2022 AHTA Conference Review
- 2022 Annual Award Recipients
- HTR Profile: Rebecca Francis, EdD, HTM
- Therapeutic Use of Raised Beds
- Poster Project: Walls to Windows
- Member Updates
- Education and Training
- Book Review – "A therapist's Garden: Using Plants to Revitalize Your Spirit" by Erik Keller



[Read the Fall Magazine](#)

You can access this issue and all previous magazine issues in the [members-only section of the AHTA website](#). If you need help logging in or accessing the AHTA Magazine, please feel free to [contact our office](#).

AHTA Job Board

Looking for a Job? Find your next job using [AHTA's job board](#). To access the job board, you must be an AHTA member. If you are currently a member of AHTA, please log in to your account and navigate to the Job Opportunities under the Member Center tab.

Interested in posting a Job? Both AHTA members and non-members may post relevant jobs on the AHTA Job Board. Members of AHTA may [post to the job board](#) for free and there is a \$50 fee for non-members to post. Postings remain active for 60 days unless AHTA is notified otherwise. Please allow the office 1 to 3 business days to post your job to the AHTA website.

[View Job Opportunities](#)

[Post a Job Opening](#)

Become A Member

Not a member of AHTA? [Join today!](#) AHTA membership is comprised of individuals who are passionate about the unique benefits of horticultural therapy as a therapeutic modality. Members are committed to the growth of the profession. Membership in the AHTA will keep you up to date on the latest in horticultural therapy news, as well as give you access to outstanding educational and networking opportunities.

[Join Today](#)



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