



American Horticultural
Therapy Association®

AHTA ANNUAL CONFERENCE

Growing
our Future
Practice and Research

OCTOBER 11-12, 2014
LAFAYETTE HILL, PA

CONFERENCE PROGRAM

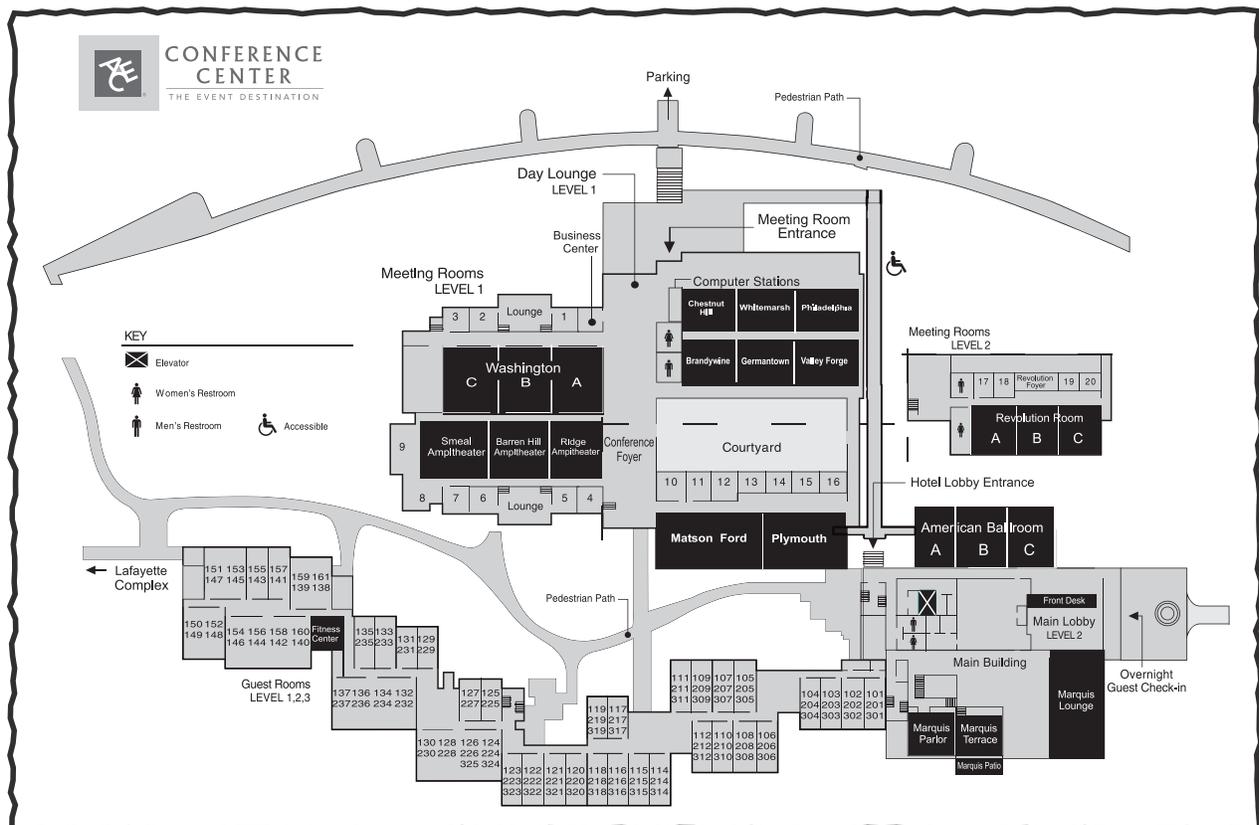


American Horticultural Therapy Association®

WELCOME TO THE AHTA ANNUAL CONFERENCE!

In an effort to help you get the most out of the Conference...

- Please do not linger in the sessions once they are finished. We are on a tight schedule and need to prepare for the next session. Almost all of our presenters are registered for the Conference and will be available throughout the event!
- Brief biographical information on the presenters and session abstracts are available on the AHTA website (www.ahta.org) We will also have a copy at the Information Desk for your reference.
- Make sure you bid on the Silent Auction items! They will be “awarded” during our lunch meeting on Sunday. The Silent Auction is located in the Chestnut Hill Room.
- Many of the session presentations are available on an “Attendee Only” website. If you did not receive the link, stop by the AHTA table for more information. Please check the link after October 17, as additional presentations will be added.
- For a listing of local restaurants, please stop by the AHTA Information Desk.
- Should you have any questions while attending the Conference, please see us at the AHTA Information Desk or call Martha on her cell: **215-280-8723**.
- And, lastly, be respectful of others...please refrain from talking or texting during presentations and please put your cell phones on “silent.”



AHTA CONFERENCE AGENDA

All events at the ACE Conference Center unless otherwise noted

THURSDAY, OCTOBER 9

4:00 pm - 8:00 pm	Registration Desk Open	Hotel Lobby
-------------------	------------------------	-------------

FRIDAY, OCTOBER 10

7:00 am - 9:00 am	Registration Desk Open	Hotel Lobby
7:30 am - 8:30 am	Continental Breakfast for Pre-Conference Tour Attendees	Marquis Dining Room
8:15 am	Board Buses for Pre-Tours	Hotel Lobby
8:30 am - 5:30 pm	Pre-Conference Tours	
3:00 pm - 8:00 pm	Registration Desk Open	Hotel Lobby
7:00 pm - 8:00 pm	Question & Answer Session for Interns/Prospective Interns	Smeal Amphitheater

SATURDAY, OCTOBER 11

7:00 am - 9:00 am	Registration Desk Open	Lafayette Ballroom
7:30 am - 8:30 am	Buffet Breakfast	Lafayette Ballroom
8:30 am - 9:45 am	Opening Welcome & Remarks MaryAnne McMillan, HTR , AHTA President • Keynote Speaker: Stephen R. Kellert, PhD <i>Nature's Role in Human Health, Productivity and Wellbeing</i>	Lafayette Ballroom
9:00 am - 5:00 pm	Registration Desk Open	Conference Area
10:00 am - 11:00 am	Concurrent Sessions A • Plant Wellness Program Deborah Freeman, HTR • Conducting Research in the Hospital Therapeutic Garden Teresia Hazen, Med, HTR • Envision and Plan: Watch Programs Grow Douglas Airhart, HTM, PhD	Washington A Washington B Washington C
11:15 am - 12:15 pm	Concurrent Sessions B • Design, Conduct, Analysis, and Interpretation of Single-Subject Experiments, a Rigorous Approach That Can Be Applied in Nearly Any Horticultural Therapy Practice Jane Saiers, HTR, PhD, MA • The Three C's: Credentialing, Certification, and Coursework Leigh Anne Starling, MS, CRC, HTR • The Veteran Project: Partnering with Community Mental Health Agencies to Bring HT to Our Nation's Veterans Alicia Green, LPC, HTR	Washington A Washington B Smeal Amphitheater

12:30 pm - 2:00 pm	Buffet Lunch and AHTA Annual Business Meeting	Marquis Dining Room
2:15 pm - 3:15 pm	<p>Concurrent Sessions C</p> <ul style="list-style-type: none"> • It's More Than Just Gardening! Cognitive Strategies and Benefits of Collaborating with a Multidisciplinary Team Susie Hall, HTR, CTRS Washington A • A Cross Study of 3 Behavioral Health Units and Their Use of Horticultural Therapy Melissa Bierman, BS, HTR, MHT Washington B • Digital Networking for HT's Beverly Brown, PhD, HTR Washington C • Designing Healing Gardens: Getting to Success, Working with a Landscape Architect Brian Bainnson, ASLA, PLA Smeal Amphitheater 	
3:30 pm - 4:30 pm	<p>Concurrent Sessions D</p> <ul style="list-style-type: none"> • No Greenhouse, No Problem: A Cart-Based Program in a Hospital Setting Matthew Wichrowski, MSW, HTR Washington A • Horticultural Therapy in Corrections: "When I Go Home, Can I Take My Plant With Me?" Hilda Krus, HTR, MSW Washington B • How to Create and Maintain You Own HT Business Robert Bornstein, HTR Washington C 	
4:45 pm - 5:15 pm	<p>Concurrent Sessions E (30 minute sessions)</p> <ul style="list-style-type: none"> • Chance For New Growth: Serving the Delinquent Youth Population Nellie Bhattarai, HTR Washington A • The Benefit Assessment of Horticultural Therapy Activities for Dementia Man-Li Liao Washington B • Charles A. Lewis Award Presentation Sin-Ae Park Washington C 	
6:00 pm - 7:00 pm	Reception Sponsored by <i>Mid-Atlantic Horticultural Therapy Network</i>	Marquis Lounge
7:00 pm - 9:00 pm	AHTA Social and Awards Dinner	Marquis Dining Room

SUNDAY, OCTOBER 12

7:00 am - 8:00 am	Buffet Breakfast	Lafayette Ballroom
8:00 am - 9:00 am	Plenary Session: George Ball CEO, Burpee Seed Company	Lafayette Ballroom
9:15 am - 10:15 am	<p>Concurrent Sessions F</p> <ul style="list-style-type: none"> • Therapeutic Horticulture in a Cancer Wellness Program: Cancer Lifeline in Seattle Sheila Taft, HTR, ATA Washington A • Natural Progression: A Case Study of Therapeutic Horticulture in a Non-Profit Continuing Care Retirement Community Tara Hicks, HTR, BLA Washington B 	

SUNDAY, OCTOBER 12

9:15 am - 10:15 am	<p>Concurrent Sessions F (continued)</p> <ul style="list-style-type: none"> <li data-bbox="399 239 1482 302">• Supportive Environment in Nature-Based Rehabilitation Washington C Anna María Pálsdóttir, PhD, AMP, BSc, MSc <li data-bbox="399 327 1482 411">• Greener Pathways to Transformative Healing: A Neurodevelopment Perspective of Horticultural Therapy Smeal Amphitheater Travis Slagle and Dr. Lorraine Freedle, PhD
10:30 am - 11:30 am	<p>Concurrent Sessions G</p> <ul style="list-style-type: none"> <li data-bbox="399 501 1482 564">• Melwood 50 Years of Horticulture Therapy and Social Entrepreneurship Washington A Earl Copus, Jr., Michael Glanz, Sheila Gallagher, HTR, CPH <li data-bbox="399 590 1482 653">• Somatic Horticultural Therapy: Noticing the Connection Washington B Lana Dreyfuss, LCADC, HTR, SEP, BCPC, CCTP <li data-bbox="399 678 1482 741">• Starting a Program to Work with Wounded Warriors Washington C Dana Chango <li data-bbox="399 766 1482 829">• Horticulture in Dementia Care: Where Are We Going? Smeal Amphitheater Garuth Chalfont, PhD, ASLA
11:45 am - 12:45 am	<p>Lunch and Poster Presentations</p> <p style="text-align: right;">Marquis Dining Room</p>
1:00 pm - 1:30 pm	<p>Concurrent Sessions H (30 minute sessions)</p> <ul style="list-style-type: none"> <li data-bbox="399 963 1482 1058">• Horticultural Therapy Can Make Continuous Motivation to Protect Lifestyle Disease Washington A Kenshi Nishino, HTR, PhD <li data-bbox="399 1083 1482 1146">• Successfully Manage Your HT Business Washington B Patricia Czarniecki, HTR, MBA <li data-bbox="399 1171 1482 1266">• Case Report: HT Practice in a Day Care Center in Japan and Proposal of Possible Evaluation Measure Washington C Yuko Yokota, HTR <li data-bbox="399 1291 1482 1386">• Rehabilitation of War Veterans With Posttraumatic Stress Disorder in a Healing Forest Garden Smeal Amphitheater Dorthe Varning Poulsen
1:45 pm - 2:45 pm	<p>Concurrent Sessions I</p> <ul style="list-style-type: none"> <li data-bbox="399 1467 1482 1530">• Healing Through Play Washington A Geoffrey Roehll, ASLA <li data-bbox="399 1556 1482 1619">• Networking: Communities of Care Washington C Patricia Cassidy, HTR <li data-bbox="399 1644 1482 1738">• Recovery Rocks: HT Activities Boosting Momentum Through Hope, Healing and Connection Smeal Amphitheater Libba Shortridge, MLA, HTR
3:00 pm - 3:30 pm	<p>Wrap Up and Refreshments</p> <p style="text-align: right;">Conference Foyer</p>

**THE AMERICAN HORTICULTURAL
THERAPY ASSOCIATION WISHES TO THANK**



BURPEE®

For their support of the 2014 AHTA Annual Conference as a Platinum Sponsor

THE AMERICAN HORTICULTURAL
THERAPY ASSOCIATION WISHES
TO THANK THE GOLD SPONSOR:

**DELAWARE
VALLEY
COLLEGE**

THE AMERICAN HORTICULTURAL THERAPY ASSOCIATION
ALSO WISHES TO THANK THE FOLLOWING BRONZE SPONSORS:

**NAMEPLATE & PANEL
TECHNOLOGY**

**HITCHCOCK
DESIGN
GROUP**
creating better places® 



American Horticultural Therapy Association®

BOARD OF DIRECTORS, OCTOBER 2014 - OCTOBER 2017

Terms run from annual meeting to annual meeting

OFFICERS

PRESIDENT 2013 - 2015

MaryAnne McMillan, HTR
919 Boynton Ave.
Westfield, NJ 07090
mamht01@gmail.com

VICE PRESIDENT 2013 -2015

Leigh Anne Starling, MS, CRC, HTR
8102 Rider Avenue
Towson, MD 21204
lastarling@peoplepc.com

TREASURER 2015-2016

Todd Schappell, OTR/L
4002 Perry Court East
Danielsville, PA 18038
schappelltodd@yahoo.com

SECRETARY 2014-2016

Patricia Cassidy, HTR
Gardening for Wellness
1172 SE 55th Avenue
Portland, OR 97215
cassidypg@comcast.net

IMMEDIATE PAST PRESIDENT

Gabriela Harvey, HTR
17 Chittenden Avenue, Apt. 6A
New York, New York 10033
gharvey_02661@yahoo.com

DIRECTORS AT LARGE

2012-2015 TERM

Hilda Mechthild Krus, HTR
Horticultural Society of NY
148 W 37th Street, Floor 13
New York, New York 10018
hkruz@thehort.org

Beverly Brown, HTR
70 Varinna Drive
Rochester, NY 14618
585-241-9489
Bbrown6@naz.edu

Lana Dreyfuss, HTR, LCADC, CRC
10205 Julep Court
Silver Spring, Maryland 20902
lanadreyfuss@yahoo.com

2013-2016 TERM

Brian Bainson
Quatrefoil Inc.
415 NE 65th Avenue
Portland, Oregon 97213
brian@quatrefoilinc.net

Jane Saiers, PhD, HTR
5407 Spring House Lane
Chapel Hill, NC 27516
jane.saiers@gmail.com

Marion Myhre, HTR, MEd
Perkins School for the Blind
175 North Beacon Street
Watertown, MA 02472
marion.myhre@perkins.org

2014-2017 TERM

Nancy Minich, HTR, RLA, ASLA
NAM Planning & Design, LLC
6575 Greenhill Road
Lumberville, PA 18933
Nancyminich6575@gmail.com

Gerrie Schmidt
733 Bradford Alley
Philadelphia, PA 19147
gerriehope@gmail.com

Kate Bodin, MEd, HTR
Blossom Consulting, LLC
20180 NW Paulina Drive
Portland, OR 97229
ktbodin@blossomllc.com

AHTA OFFICE

Martha Heinze, CMP
Executive Director
610 Freedom Business Center, #110
King of Prussia, PA 19406
610-992-0002 (direct)
610-992-0019 (fax)
215-280-8723 (cell)
Martha@ahta.org

SATURDAY CONCURRENT SESSIONS

Time	Washington A	Washington B	Washington C	Smeal Amphitheater	
7:30 am - 8:30 am	Breakfast Buffet: Lafayette Ballroom				
8:30 am - 9:45 am	Opening Welcome & Keynote Speaker: Lafayette Ballroom				
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
10:00 am - 11:00 am		Plant Wellness Program	Conducting Research in the Hospital Garden	Envision and Plan: Watch Programs Grow	
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
11:15 am - 12:15 am		Design, Conduct, Analysis and Interpretation	The 3 C's: Credentialing, Certification & Coursework	Sustainability in Prisons	The Veteran Project: Partnering with Community Agencies
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
12:30 pm - 2:00 pm	Lunch & AHTA Annual Meeting: Marquis Dining Room				
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
2:15 pm - 3:15 pm		It's More than Just Gardening! Cognitive Strategies & Collaboration	A Cross Study of 3 Behavioral Health Units and Their Use of HT	Digital Networking for HT's	Designing Healing Gardens: Working with a Landscape Architect
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
3:30 pm - 4:30 pm		No Greenhouse, No Problem: A Cart-Based Program	Horticultural Therapy in Corrections	How to Create and Maintain Your Own HT Business	
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
4:45 pm - 5:15 pm		A Chance for New Growth: Delinquent Youth Population	Benefit Assessment of HT Activities for Dementia	Charles A. Lewis Research in HT Winner	
6:00 pm - 6:30 pm	Reception Sponsored by the Mid-Atlantic Horticultural Therapy Network				
6:30 pm - 8:30 pm	Dinner				

SUNDAY CONCURRENT SESSIONS

Time	Washington A	Washington B	Washington C	Smeal Amphitheater	
7:00 am - 8:00 am	Breakfast: Lafayette Ballroom				
8:00 am - 9:00 am	Plenary Session: Lafayette Ballroom				
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
9:15 am - 10:15 am		Therapeutic Horticulture in a Cancer Wellness Program	Natural Progression: A Case Study of Therapeutic Horti- culture in Retirement Care	Supportive Environment in Nature Based Rehabilitation	Greener Pathways to Transformative Healing
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
10:30 am - 11:30 am		Melwood: 50 Years of Horticultural Therapy	Somatic Horticultural Therapy: Noticing the Connection	Starting a Program to Work with Wounded Warriors	Horticulture in Dementia Care: Where are We Going?
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
11:45 pm-12:45 pm	Lunch / Poster Presentations: Marquis Dining Room				
1:00 pm - 1:30 pm		HT Can Make Continuous Motivation to Protect Lifestyle Disease	Successfully Manage Your HT Business	Case Report: HT Practice in a Day Care in Japan	Rehabilitation of War Vets with PTSD in a Healing Forest Garden
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
1:45 pm-2:45 pm		Healing Through Play		Networking: Communities of Care	Recovery Rocks: HT Activities Boosting Momentum
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	
3:00 pm- 3:30 pm	Wrap up w/ refreshments: Conference Foyer				