In an effort to help you get the most out of the Conference...

- Please do not linger in the sessions once they are finished. We are on a tight schedule and need to prepare for the next session. Almost all of our presenters are registered for the Conference and will be available throughout the event!

- Brief biographical information on the presenters and session abstracts are available on the AHTA website ([www.ahta.org](http://www.ahta.org)). We will also have a copy at the Information Desk for your reference.

- Make sure you bid on the Silent Auction items! They will be “awarded” during our lunch meeting on Sunday. The Silent Auction is located in the Chestnut Hill Room.

- Many of the session presentations are available on an “Attendee Only” website. If you did not receive the link, stop by the AHTA table for more information. Please check the link after October 17, as additional presentations will be added.

- For a listing of local restaurants, please stop by the AHTA Information Desk.

- Should you have any questions while attending the Conference, please see us at the AHTA Information Desk or call Martha on her cell: 215-280-8723.

- And, lastly, be respectful of others…please refrain from talking or texting during presentations and please put your cell phones on “silent.”
AHTA CONFERENCE AGENDA

All events at the ACE Conference Center unless otherwise noted

THURSDAY, OCTOBER 9

4:00 pm - 8:00 pm | Registration Desk Open | Hotel Lobby

FRIDAY, OCTOBER 10

7:00 am - 9:00 am | Registration Desk Open | Hotel Lobby
7:30 am - 8:30 am | Continental Breakfast for Pre-Conference Tour Attendees | Marquis Dining Room
8:15 am | Board Buses for Pre-Tours | Hotel Lobby
8:30 am - 5:30 pm | Pre-Conference Tours |
3:00 pm - 8:00 pm | Registration Desk Open | Hotel Lobby
7:00 pm - 8:00 pm | Question & Answer Session for Interns/Prospective Interns | Smeal Amphitheater

SATURDAY, OCTOBER 11

7:00 am - 9:00 am | Registration Desk Open | Lafayette Ballroom
7:30 am - 8:30 am | Buffet Breakfast | Lafayette Ballroom
8:30 am - 9:45 am | Opening Welcome & Remarks | Lafayette Ballroom
MaryAnne McMillan, HTR, AHTA President
• Keynote Speaker: Stephen R. Kellert, PhD
  Nature's Role in Human Health, Productivity and Wellbeing
9:00 am - 5:00 pm | Registration Desk Open | Conference Area
10:00 am - 11:00 am | Concurrent Sessions A |
  • Plant Wellness Program
    Deborah Freeman, HTR
  • Conducting Research in the Hospital Therapeutic Garden
    Teresia Hazen, Med, HTR
  • Envision and Plan: Watch Programs Grow
    Douglas Airhart, HTM, PhD
11:15 am - 12:15 pm | Concurrent Sessions B |
  • Design, Conduct, Analysis, and Interpretation of Single-Subject Experiments, a Rigorous Approach That Can Be Applied in Nearly Any Horticultural Therapy Practice
    Jane Saiers, HTR, PhD, MA
  • The Three C’s: Credentialing, Certification, and Coursework
    Leigh Anne Starling, MS, CRC, HTR
  • The Veteran Project: Partnering with Community Mental Health Agencies to Bring HT to Our Nation’s Veterans
    Alicia Green, LPC, HTR
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<tr>
<th>Time</th>
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<tr>
<td>12:30 pm - 2:00 pm</td>
<td>Buffet Lunch and AHTA Annual Business Meeting</td>
<td>Marquis Dining Room</td>
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<td>2:15 pm - 3:15 pm</td>
<td>Concurrent Sessions C</td>
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<td>• It's More Than Just Gardening! Cognitive Strategies and Benefits</td>
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<td>of Collaborating with a Multidisciplinary Team</td>
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<td>Susie Hall, HTR, CTRS</td>
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<td></td>
<td>• A Cross Study of 3 Behavioral Health Units and Their Use of</td>
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<td>Horticultural Therapy</td>
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<td>Melissa Bierman, BS, HTR, MHT</td>
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<td></td>
<td>• Digital Networking for HT's</td>
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<td>Beverly Brown, PhD, HTR</td>
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<td>• Designing Healing Gardens:</td>
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<td>Getting to Success, Working with a Landscape Architect</td>
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<td>Beverly Brown, ASLA, PLA</td>
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<td>• No Greenhouse, No Problem: A Cart-Based Program in a Hospital</td>
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<td>Matthew Wichrowski, MSW, HTR</td>
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<td></td>
<td>• Horticultural Therapy in Corrections:</td>
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<td>“When I Go Home, Can I Take My Plant With Me?”</td>
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<td>Hilda Krus, HTR, MSW</td>
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<td>• How to Create and Maintain You Own HT Business</td>
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<td>Robert Bornstein, HTR</td>
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<td>4:45 pm - 5:15 pm</td>
<td>Concurrent Sessions E (30 minute sessions)</td>
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<td>• Chance For New Growth: Serving the Delinquent Youth Population</td>
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<td>Nellie Bhattarai, HTR</td>
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<td></td>
<td>• The Benefit Assessment of Horticultural Therapy Activities for</td>
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<td></td>
<td>• Charles A. Lewis Award Presentation</td>
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<td>Sin-Ae Park</td>
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<td>6:00 pm - 7:00 pm</td>
<td>Reception Sponsored by Mid-Atlantic Horticultural Therapy Network</td>
<td>Marquis Lounge</td>
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<td>7:00 pm - 9:00 pm</td>
<td>AHTA Social and Awards Dinner</td>
<td>Marquis Dining Room</td>
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**SUNDAY, OCTOBER 12**

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<tr>
<td>7:00 am - 8:00 am</td>
<td>Buffet Breakfast</td>
<td>Lafayette Ballroom</td>
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<td>8:00 am - 9:00 am</td>
<td>Plenary Session: George Ball CEO, Burpee Seed Company</td>
<td>Lafayette Ballroom</td>
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<tr>
<td>9:15 am - 10:15 am</td>
<td>Concurrent Sessions F</td>
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<td>• Therapeutic Horticulture in a Cancer Wellness Program:</td>
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<td>Cancer Lifeline in Seattle</td>
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<td>Sheila Taft, HTR, ATA</td>
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<td>• Natural Progression: A Case Study of Therapeutic Horticulture in a</td>
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<td>Non-Profit Continuing Care Retirement Community</td>
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<td>Tara Hicks, HTR, BLA</td>
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### SUNDAY, OCTOBER 12

#### Concurrent Sessions F (continued)

- **Supportive Environment in Nature-Based Rehabilitation**  
  Anna María Pálsdóttir, PhD, AMP, BSc, MSc  
  Washington C

- **Greener Pathways to Transformative Healing: A Neurodevelopment Perspective of Horticultural Therapy**  
  Travis Slagle and Dr. Lorraine Freedle, PhD  
  Smeal Amphitheater

#### Concurrent Sessions G

- **Melwood 50 Years of Horticulture Therapy and Social Entrepreneurship**  
  Earl Copus, Jr., Michael Glanz, Sheila Gallagher, HTR, CPH  
  Washington A

- **Somatic Horticultural Therapy: Noticing the Connection**  
  Lana Dreyfuss, LCADC, HTR, SEP, BCPC, CCTP  
  Washington B

- **Starting a Program to Work with Wounded Warriors**  
  Dana Chang  
  Washington C

- **Horticulture in Dementia Care: Where Are We Going?**  
  Garuth Chalfont, PhD, ASLA  
  Smeal Amphitheater

#### Lunch and Poster Presentations

- **Melwood 50 Years of Horticulture Therapy and Social Entrepreneurship**  
  Earl Copus, Jr., Michael Glanz, Sheila Gallagher, HTR, CPH  
  Washington A

- **Somatic Horticultural Therapy: Noticing the Connection**  
  Lana Dreyfuss, LCADC, HTR, SEP, BCPC, CCTP  
  Washington B

- **Starting a Program to Work with Wounded Warriors**  
  Dana Chang  
  Washington C

- **Horticulture in Dementia Care: Where Are We Going?**  
  Garuth Chalfont, PhD, ASLA  
  Smeal Amphitheater

#### Concurrent Sessions H (30 minute sessions)

- **Horticultural Therapy Can Make Continuous Motivation to Protect Lifestyle Disease**  
  Kenshi Nishino, HTR, PhD  
  Washington A

- **Successfully Manage Your HT Business**  
  Patricia Czarnecki, HTR, MBA  
  Washington B

- **Case Report: HT Practice in a Day Care Center in Japan and Proposal of Possible Evaluation Measure**  
  Yuko Yokota, HTR  
  Washington C

- **Rehabilitation of War Veterans With Posttraumatic Stress Disorder in a Healing Forest Garden**  
  Dorthe Varning Poulsen  
  Smeal Amphitheater

#### Concurrent Sessions I

- **Healing Through Play**  
  Geoffrey Roehl, ASLA  
  Washington A

- **Networking: Communities of Care**  
  Patricia Cassidy, HTR  
  Washington C

- **Recovery Rocks: HT Activities Boosting Momentum Through Hope, Healing and Connection**  
  Libba Shortridge, MLA, HTR  
  Smeal Amphitheater

#### Wrap Up and Refreshments

- **Wrap Up and Refreshments**  
  Conference Foyer
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215-280-8723 (cell)
Martha@ahta.org
## SATURDAY CONCURRENT SESSIONS

<table>
<thead>
<tr>
<th>Time</th>
<th>Washington A</th>
<th>Washington B</th>
<th>Washington C</th>
<th>Smeal Amphitheater</th>
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<tbody>
<tr>
<td>7:30 am - 8:30 am</td>
<td>Breakfast Buffet: Lafayette Ballroom</td>
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<td>8:30 am - 9:45 am</td>
<td>Opening Welcome &amp; Keynote Speaker: Lafayette Ballroom</td>
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<td>Plant Wellness Program</td>
<td>Conducting Research in the Hospital Garden</td>
<td>Envision and Plan: Watch Programs Grow</td>
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<td>11:15 am - 12:15 am</td>
<td>Design, Conduct, Analysis and Interpretation</td>
<td>The 3 C's: Credentialing, Certification &amp; Coursework</td>
<td>Sustainability in Prisons: The Veteran Project: Partnering with Community Agencies</td>
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<td>12:30 pm - 2:00 pm</td>
<td>Lunch &amp; AHTA Annual Meeting: Marquis Dining Room</td>
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<td>3:30 pm - 4:30 pm</td>
<td>No Greenhouse, No Problem: A Cart-Based Program</td>
<td>Horticultural Therapy in Corrections</td>
<td>How to Create and Maintain Your Own HT Business</td>
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<td>4:45 pm - 5:15 pm</td>
<td>A Chance for New Growth: Delinquent Youth Population</td>
<td>Benefit Assessment of HT Activities for Dementia</td>
<td>Charles A. Lewis Research in HT &amp; Winner</td>
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<td>Reception Sponsored by the Mid-Atlantic Horticultural Therapy Network</td>
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<td>6:30 pm - 8:30 pm</td>
<td>Dinner</td>
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## SUNDAY CONCURRENT SESSIONS

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<td>Breakfast: Lafayette Ballroom</td>
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<td>Lunch / Poster Presentations: Marquis Dining Room</td>
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<td>1:00 pm - 1:30 pm</td>
<td>HT Can Make Continuous Motivation to Protect Lifestyle Disease</td>
<td>Successfully Manage Your HT Business</td>
<td>Case Report: HT Practice in a Day Care in Japan</td>
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<td>3:00 pm - 3:30 pm</td>
<td>Wrap up w/ refreshments: Conference Foyer</td>
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