



American
Horticultural Therapy
Association®

MEET ME IN THE GARDEN:

**CULTIVATING PEOPLE, PLANTS,
PARTNERSHIPS & THE PROFESSION**

**2016 AHTA ANNUAL CONFERENCE
SEPTEMBER 16-17, 2016
ST. LOUIS, MISSOURI**



American Horticultural Therapy Association®

WELCOME TO THE AHTA ANNUAL CONFERENCE!

In an effort to help you get the most out of the Conference...

- Please do not linger in the sessions once they are finished. We are on a tight schedule and need to prepare for the next session. Almost all of our presenters are registered for the Conference and will be available throughout the event.
- Brief biographical information on the presenters and session abstracts are available on the AHTA website (www.ahata.org). We will also have a copy at the Information Desk for your reference.
- Make sure you bid on the Silent Auction items! They will be “awarded” during our lunch meeting on Saturday. The Silent Auction is located in the Botanical Room.
- For a listing of local restaurants and attractions, please stop by the AHTA desk.
- Please note the arrival and departure times for the bus from the Clayton Plaza hotel to/from the Missouri Botanic Garden. In order to stay on schedule, we cannot hold a bus past the departure time.
- The Cocktail Reception and Awards Dinner on Friday evening will be held at the Clayton Plaza Hotel. Registration in advance is required. If you would like to attend the dinner and have not registered, please see Martha Heinze at the AHTA Registration/Help table for information.
- Professional Development Units (PDU's) are available for the Conference. 1 hour of contact time = 1 PDU. Please pick up your certificate at the AHTA Registration/Help table.
- Should you have any questions while attending the Conference, please see us at the AHTA desk. For urgent matters, please call or text Martha Heinze at 215-280-8723.
- And, lastly, be respectful of others. Please refrain from talking or texting during presentations and please put your cell phones on “silent.”

PLEASE DO NOT RECORD (CELL PHONE OR OTHER) ANY OF THE PRESENTATIONS.

AHTA CONFERENCE AGENDA

WEDNESDAY, SEPTEMBER 14

6:00 pm – 8:00 pm	Registration Desk Open	Clayton Plaza Hotel Lobby
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THURSDAY, SEPTEMBER 15

8:30 am	Bus leaves Clayton Plaza Hotel	Meet in Clayton Plaza Hotel Lobby
8:30 am – 12:00 pm	Offsite tours: <ul style="list-style-type: none">• Gateway Greening City Seeds Program site• Children's Hospital Olsen Family Garden	
12:00 pm	Return to Missouri Botanical Garden for Lunch	
1:00 pm – 4:00 pm	Experience the Missouri Botanical Garden through self-guided walks, interactive and hands-on activity stations throughout the Garden	

FRIDAY, SEPTEMBER 16

7:30 am	Bus Departs for Missouri Botanical Gardens	
8:30 am – 9:45 am	Opening Welcome and Remarks: Leigh Anne Starling, LGPC, CRC, HTR, AHTA President Sheila Voss, Missouri Botanical Garden V.P. of Education Keynote Speaker: Candice Shoemaker, PhD, HTR	Shoenberg Auditorium
10:00 am – 11:00 am	Concurrent Sessions A <ul style="list-style-type: none">• How Therapy Works: Understanding the Impact of Trauma, and How HT Supports the Brain's Innate Healing Ability Carol LaRocque, LPC, HTR Beaumont Room• Nature and Wellness Throughout the Life Course Elizabeth Diehl, RLA, HTM Missouri Room• They Have a Mind of Their Own: Mitigating Muscular Imbalances in Gardening Performance Todd Schappell, OTR/L Garden Room	
11:15 am – 12:15 pm	Concurrent Sessions B <ul style="list-style-type: none">• Horticultural Therapy Education: Networking and Developing Curriculum for Professional Educators Derrick Stowell, HTR, CTRS Missouri Room• From the Ground Up Jeanne Carbone; Jonathon Loesch Garden Room	

FRIDAY, SEPTEMBER 16

12:15 pm – 1:15 pm	Lunch and Silent Auction! Time to explore Gardens	Lunch: Orthwein Floral Display Hall Silent Auction: Botanic Room
1:30 pm – 2:30 pm	Concurrent Sessions C	
	<ul style="list-style-type: none"> • Connecting Cultures Through Farming and Food: Refugee Wellness Programming on a Community Farm Nicole Accordino, HTR 	Beaumont Room
	<ul style="list-style-type: none"> • How Can Horticultural Therapy in a Garden Be Effective for People with Dementia? Kenshi Nishino, MD, PhD, HTR 	Missouri Room
	<ul style="list-style-type: none"> • Horticultural Therapy in a Behavioral Healthcare Setting Geoffrey Roehll, RLA; Melanie Hammer, MSW, HTA 	Garden Room
2:45 pm – 4:15 pm	Concurrent Workshops D	
	<ul style="list-style-type: none"> • Horticultural Therapy: The Slower We Go, The Faster We Get There Lana Dreyfuss, LCADC, BCPC, HTR 	Beaumont Room
	<ul style="list-style-type: none"> • Share the Magic - A Guide to Publishing in the Journal of Therapeutic Horticulture Matthew Wichrowski, HTR 	Missouri Room
	<ul style="list-style-type: none"> • Planting the Seeds of Collaboration: Working with Mental Health Professionals to Integrate Horticultural Therapy Brian Zuzelo, PsyD 	Garden Room
	<ul style="list-style-type: none"> • Sensory Experience in the Garden Marion Myhre, MEd, TVI, HTR 	Spink Room
3:00 pm – 6:00 pm	Bus Departs for Hotel: Bus will run on a continuous loop from MOBOT to the hotel starting at 3:00 pm. Last bus will leave MOBOT at 6:00 pm.	
6:00 pm – 6:30 pm	Reception: Cash bar	Clayton Plaza Hotel: Crystal Foyer
6:30 pm – 8:00 pm	AHTA Social: Dinner and AHTA Awards	Clayton Plaza Hotel: Kent & Dorset

SATURDAY, SEPTEMBER 17

8:00 am	Bus Departs for Missouri Botanical Garden	
9:00 am – 10:00 am	Welcome and Introduction of Plenary Speaker: Brian Bainson, ASLA Plenary Session: Jack Carman, FASLA	Shoenberg Auditorium

SATURDAY, SEPTEMBER 17

10:15 am – 11:15 am	<p>Concurrent Sessions E</p> <ul style="list-style-type: none"> Horticultural Therapy and the Covering House Beaumont Room Donald Frisch, HTR Designing, Programming and Using a Behavioral Health and Therapy Garden Missouri Room Brian Bainnson, ASLA, PLA; Melissa Bierman, MHT, HTR Horticultural Therapy in Medicaid Funded Agencies: Assessments and Treatment Planning Goals and Objectives Garden Room Jonathan Trauth, LISW-S; Dan Whorton, QMHS
11:30 am – 12:30 pm	<p>AHTA Annual Business Meeting Shoenberg Auditorium</p>
12:30 pm – 1:30 pm	<p>Lunch and last call for Silent Auction! Time to explore the Gardens Lunch: Orthwein Floral Display Hall Silent Auction: Botanic Room</p>
1:30 pm – 2:30 pm	<p>Concurrent Sessions F</p> <ul style="list-style-type: none"> The Road to Building Public Awareness to Create Funding Opportunities Beaumont Room Laura DePrado, HTR; MaryAnne McMillan, HTR Horticultural Therapy and Early Childhood Education Missouri Room Katherine Knight, BA The Role of Horticultural Therapy in an Interdisciplinary Diabetes Management Education Program Garden Room Jeanne Simchick
2:45 pm – 3:45 pm	<p>Concurrent Sessions G</p> <ul style="list-style-type: none"> Connecting to Nature through the Art of Nature Journaling and Nature Printing Beaumont Room Jennifer Smith, HTR Exploring the Wonders of Nature Missouri Room Matthew Wichrowski, HTR Becoming a Farmer-Being a Team Member: A HT Program for Individuals with Developmental Disabilities Entering a Post High School Life Preparation Program Garden Room Beverly Brown, PhD, HTR; Susan Taylor-Brown, PhD, MPH, ACSW; Julie Christensen, PhD, LMSW
3:45 pm – 4:30 pm	<p>Closing Remarks & Refreshments Orthwein Floral Display Hall</p>
2:30 pm – 5:00 pm	<p>Bus Departs for Hotel: Bus will run on a continuous loop from MOBOT to the hotel starting at 2:30 pm. Last bus will leave MOBOT at 5:00 pm.</p>



American Horticultural Therapy Association®

**Join us on Saturday afternoon between 3:45 pm and 4:30 pm
for a brief wrap-up and some afternoon refreshments.
Bring along the ticket found in the back of your name badge and
drop it in the hat for a chance to win a meeting registration for the
2017 AHTA Annual Conference!**

**2 registrations will be given away!
The only “catch” is that you must be present to win!**



*Horticultural
Therapy Institute*

For nearly 15 years The Horticultural Therapy Institute has enriched the lives of its students who go on to be leaders in the field of HT. By offering a series of AHTA accredited courses, the Institute teaches students to use gardening activities in a variety of settings. We offer:

- Full HT certificate program
- 9 academic credit hours through partner Colorado State University
- Customized workshops
- In-service training
- Program development

With its unique format students don't need to live where the classes are held. Classes are offered in a four and five-day intensive format to accommodate those who must travel to attend.

For more information or to get started today go to
www.htinstitute.org



Therapeutic Garden Program
HTS intern conducting a
therapeutic horticulture
activity with surgery nurses.
www.legacyhealth.org/gardens
<http://www.pcc.edu/ger>



Terrace Garden Legacy Emanuel Medical Center



American Horticultural Therapy Association®

BOARD OF DIRECTORS, OCTOBER 2014 - OCTOBER 2018

Terms run from annual meeting to annual meeting

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AHTA would like to welcome the following Board members whose terms will begin September 18, 2016.

Brian Bainnson, ASLA, and Marion Myhre, TVI, HTR, were reelected to the AHTA Board of Directors for the 2016-2019 term. Jonathan Irish, LPC, has been appointed to fill a 2-year vacancy for the term of 2016-2018. René Malone, HTR, has been appointed to fill a 2-year vacancy for the term of 2016-2018.

FRIDAY CONCURRENT SESSIONS

TIME	SHOENBERG AUDITORIUM	ORTHWEIN FLORAL DISPLAY HALL	BEAUMONT ROOM	MISSOURI ROOM	GARDEN ROOM	SPINK ROOM
7:30 am	Buses to MOBOT					
8:30 am - 9:45 am	Opening Welcome & Keynote Speaker					
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
10:00 am - 11:00 am Concurrent Sessions A			How Therapy Works: Understanding the Impact of Trauma	Nature and Wellness Throughout the Life Course	They Have a Mind of Their Own: Mitigating Imbalances in Gardening Performance	
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
11:15 am - 12:15 pm Concurrent Sessions B				Horticultural Therapy Education: Networking and Developing Curriculum for Professional Educators	From the Ground Up	From the Ground Up
12:15 pm - 1:15 pm	Lunch and time to explore the Garden					
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
1:30 pm - 2:30 pm Concurrent Sessions C			Connecting Cultures Through Farming and Food: Refugee Wellness Programming on a Community Farm	How Can Horticultural Therapy in a Garden Be Effective for People with Dementia?	Horticultural Therapy in a Behavioral Healthcare Setting	
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
2:45 pm - 4:15 pm Concurrent Sessions D			Horticultural Therapy: The Slower We Go, The Faster We Get There	Share the Magic- A Guide to Publishing in the Journal of Therapeutic Horticulture	Planting the Seeds of Collaboration: Working with Mental Health Professionals to Integrate HT	Sensory Experience in the Garden
3:00 pm - 6:00 pm	Buses Depart for Hotel					
6:00 pm - 6:30 pm		Reception at Hotel: Crystal Foyer				
6:30 pm - 8:30 pm		Dinner at Hotel: Dent & Dorset Room				

SATURDAY CONCURRENT SESSIONS

TIME	SHOENBERG AUDITORIUM	ORTHWEIN FLORAL DISPLAY HALL	BEAUMONT ROOM	MISSOURI ROOM	GARDEN ROOM
8:00 am	Buses to MOBOT				
9:00 am - 10:00 am	Opening Welcome & Plenary Session				
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
10:15 am - 11:15 am Concurrent Sessions E			Horticultural Therapy and the Covering House	Designing, Programming and Using a Behavioral Health and Therapy Garden	Horticultural Therapy in Medicaid Funded Agencies : Assessments and Treatment Planning Goals and Objectives
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
11:30 am - 12:30 pm	AHTA Annual Business Meeting				
12:30 pm - 1:30 pm		Lunch & time to explore the Garden			
1:30 pm - 2:30 pm Concurrent Sessions F			The Road to Building Public Awareness to Create Funding Opportunities	Horticultural Therapy and Early Childhood Education	The Role of Horticultural Therapy in an Interdisciplinary Diabetes Management Education Program
15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break	15 Minute Break
2:45 pm - 3:45 pm Concurrent Sessions G			Connecting to Nature through the Art of Nature Journaling and Nature Printing	Exploring the Wonders of Nature	Becoming a Farmer- Being a Team Member: An HT Program for Individuals with Developmental Disabilities Entering a Post High School Life Preparation Program
3:45 pm - 4:30 pm		Closing Remarks & Refreshments			
2:30 pm - 5:00 pm	Buses Depart for Hotel				